

ALISON CRAKER, MA, LPC

HIGHLIGHTS OF QUALIFICATIONS

- Extensive experience assessing and treating a variety of issues:
 - personal and career - academic - youth, couples, families
 - cognitive disorders - ADHD - physical, mental/emotional disabilities
 - Dyslexia - financial - learning disabilities
- Adaptive and empathetic in counseling clients
- Academic, ADHD, and Dyslexia testing
- M.A. Professional Counseling, George Fox University
- State Board Licensed Professional Counselor
- Certified to administer Myers Briggs Type Indicator

RELEVANT EXPERIENCE AND ACCOMPLISHMENTS

Counseling

- Provide neural cognitive rehabilitation therapy for clients struggling with AD(H)D, Dyslexia, sensory integration, central auditory processing issues, and other learning disabilities.
- Assisted in leading group of disabled youth and college age individuals (Down Syndrome, learning disabled, autism, including physical disabilities) to enable them to improve socialization skills.
- Counsel high school students in dealing with issues involved of attending college: moving away from home, selecting a major/career, financial assistance/scholarship applications.
- Designed treatment plans at a counseling center for a wide variety of diagnoses: Schizophrenia, Borderline, depression, co-dependency, substance abuse, other abuse issues.
- Provided counseling in a hospital setting to: geriatric patients, teen mothers with newborns, stroke victims and suicidal patients in ICU and ER; assisted with in-patient discharge.
- Conduct home visits and interviews with families waiting for a mentor for their child. Families dealing with incarcerated parents, low-income and other financial strains, children being raised by single parent and/or in the foster care system.

Instruction / Training

- Supervise and train new therapists in the Sharper Minds multi-sensory cognitive program.
- Research and develop lesson plans and instruct high school students in academic and motivational topics.
- Train volunteer singles, couples, and families how to be mentors for young children in need, as well as provide on going support for them during their mentoring match.
- Developed a presentation on the AIDS epidemic and presented it to students, parents, and educators, drawing heavily on experiences from a World Visions mission to Zambia:
 - gleaned information about local conditions,
 - provided information and support to local population and World Vision on-site staff.
- Administered the Myers Briggs Type Indicator to a group of couples:
 - interpreted the results,
 - explained how the results impacted each couple's communication.
- Train group leaders to be mentors, lead small groups, and apply appropriate discipline, including specific techniques to deal with teenage issues (acting out and other behavioral issues).

EMPLOYMENT HISTORY

Therapist, New Leaves Clinic, Beaverton, OR 97006 – 2011 to Present

Mentoring Match Support, Trillium Family Services, Portland, OR – 2008 to Present

Lead Training Therapist, Sharper Mind Centers, Inc., Beaverton, OR – 2005 to 2007

Cognitive Rehabilitation Therapist, Sharper Mind Centers, Inc., Beaverton, OR – 2004 to 2007

Counselor/High school Youth Director, Lake Grove Presbyterian, Lake Grove, OR – 1998 to 2004

Counselor/Mental Health Therapist-Intern,

Grotto Counseling Center, Portland, OR – 2001 to 2002

Group Facilitator, George Fox University, Tigard, OR – 2002 and 2003

EDUCATION / CERTIFICATIONS

Licensed Professional Counselor – Oregon State Board License # 1989

Master of Arts – Counseling, George Fox University, Newberg, OR

Research/Evaluation project on ADD/ADHD

Bachelors of Science – Social Work, George Fox University, Newberg, OR